

VOLUNTEER FORM



Name : _____

Contact Number : _____

E-mail address : _____

Age : _____

I have the following skills : (Please tick or circle)

- Medical / Nursing / Pharmacy / Nutrition
- Building / Engineering
- Farming and agriculture knowledge
- Teaching
- Driving (preferably with 4WD cars)
- Others – Please specify below:

I can volunteer my services:

- Anytime – I am flexible
- On weekends only
- On weekdays only
- Others – Please specify below:

Please return this completed form to the parish office of St Michael’s Church, Ipoh. (Tel: 05-254 0176)



PERAK DEANERY ORANG ASLI APOSTOLATE “SAHABAT ORANG ASLI” PROJECT

The Sahabat Orang Asli project was originally adopted at the 2013 Parish Assembly of St Michael’s church, Ipoh. The project is now managed by the Perak Deanery Orang Asli Apostolate, comprising representatives of the parish SOA committee from St Michael’s church and other parishes. The apostolate is headed by Rt Rev Sebastian Francis, Bishop of Penang. The goal of our mission is to help improve the lives of the orang asli in the areas of nutrition, sanitation, healthcare, education, infrastructure and economic development.

The committee members are categorised into the following action groups:

- i. Survey & Mobilisation team ;
- ii. Health & Nutrition team ;
- iii. Education team ;
- iv. Networking & Publicity team ;
- v. Reporting & Archives team.

To date the OA Mission committee has reached out to Perak orang asli communities in Tapah, Bidor and Gerik. Works done to date include:

- i. Infrastructure projects like building lavatories ;
- ii. Medical camps ;
- iii. Agriculture projects ;
- iv. Food aid when necessary ;

The team welcomes volunteers to join them in this mission. To volunteer your services, please fill in your details at the section provided in this form.

自愿者申请表格



姓名: _____

联络号码: _____

电邮: _____

年龄: _____

本人有以下的技巧:

(请打v或圈起有关项目)

- 医药/ 护士/ 药剂/ 营养学
- 建筑/ 工程系
- 农作及耕种常识
- 教学
- 驾驶 (拥有四轮启动车子)
- 其他—请注明: _____

本人自愿提供服务:

- 任何时间
- 周末而已
- 平日而已
- 其他—请注明: _____



霹雳总铎区原住民促进会 “原住民之友”计划

此原住民援助组活动于怡保圣米高堂的2013年堂区牧民大会发起。现已改为霹雳总铎区原住民促进会的“原住民之友”计划。由檳城教区主教施恩天领导，其成员来自怡保圣米高堂原住民援助组委员及其他堂区的代表。其宗旨乃改善原住民的营养、卫生、健康及经济。

此组织分为各个活动组:

- i. 调查及动员组;
- ii. 保健及营养组;
- iii. 教育组;
- iv. 联网及宣传组;
- v. 报导及档案存储

目前原住民之友组已在霹靂州的打巴、美罗及宜力开始一些援助活动，其中包括:

- i. 提供食物;
- ii. 医药服务;
- iii. 启动耕农计划;
- iv. 基本设施例如建立厕所。

欢迎自愿者加入这活动。有意者，请填妥此表格后，呈交怡保圣米高堂秘书处。

(电话号码: 05-2540176)

