

# THE HOLY ROSARY

## THE JOYFUL MYSTERIES (MONDAY & SATURDAY)

### **The Sign of the Cross**

In the name of the Father, and of the son, and of the Holy Spirit, Amen.

### **The Apostles' Creed**

I believe in God, the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **Our Father**

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### **Hail Mary (3 times)**

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

### **Glory be**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

### **The 1<sup>st</sup> Joyful Mystery – The Annunciation**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of Thy mercy.

### **The 2<sup>nd</sup> Joyful Mystery – The Visitation**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of Thy mercy.

### **The 3<sup>rd</sup> Joyful Mystery – The Nativity**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

#### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of Thy mercy.

### **The 4<sup>th</sup> Joyful Mystery – The Presentation**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

#### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of thy mercy.

### **The 5<sup>th</sup> Joyful Mystery – The Finding of the Child Jesus in the Temple**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

#### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of Thy mercy.

#### **Hail Holy Queen**

Hail Holy Queen, Mother of Mercy. Hail our life, our sweetness, and our hope! To Thee do we cry, poor banished children of Eve. To Thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

#### **Closing Prayer**

O God whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal salvation. Grant we beseech You, that meditating upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise through the same Christ our Lord, Amen.

#### **The Sign of the Cross**

In the name of the Father, and of the son, and of the Holy Spirit, Amen.

## **THE SORROWFUL MYSTERIES (TUESDAY & FRIDAY)**

### **The Sign of the Cross**

In the name of the Father, and of the son, and of the Holy Spirit, Amen.

### **The Apostles' Creed**

I believe in God, the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **Our Father**

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### **Hail Mary (3 times)**

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

### **Glory be**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

### **The 1<sup>st</sup> Sorrowful Mystery – The Agony in the Garden**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of Thy mercy.

### **The 2<sup>nd</sup> Sorrowful Mystery – The Scourging of Jesus**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of Thy mercy.

### **The 3<sup>rd</sup> Sorrowful Mystery – The Crowning with Thorns**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

#### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of Thy mercy.

### **The 4<sup>th</sup> Sorrowful Mystery – The Carrying of the Cross**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

#### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of Thy mercy.

### **The 5<sup>th</sup> Sorrowful Mystery – The Crucifixion**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

#### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of Thy mercy.

#### **Hail Holy Queen**

Hail Holy Queen, Mother of Mercy. Hail our life, our sweetness, and our hope! To Thee do we cry, poor banished children of Eve. To Thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

#### **Closing Prayer**

O God whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal salvation. Grant we beseech You, that meditating upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise through the same Christ our Lord, Amen.

#### **The Sign of the Cross**

In the name of the Father, and of the son, and of the Holy Spirit, Amen.

# **THE GLORIOUS MYSTERIES (WEDNESDAY & SUNDAY)**

## **The Sign of the Cross**

In the name of the Father, and of the son, and of the Holy Spirit, Amen.

## **The Apostles' Creed**

I believe in God, the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## **Our Father**

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

## **Hail Mary (3 times)**

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

## **Glory be**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## **The 1<sup>st</sup> Glorious Mystery – The Resurrection of Jesus**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

## **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of thy mercy.

## **The 2<sup>nd</sup> Glorious Mystery – The Ascension of Jesus into Heaven**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

## **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of thy mercy.

### **The 3<sup>rd</sup> Glorious Mystery – The Descent of the Holy Spirit**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

#### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of thy mercy.

### **The 4<sup>th</sup> Glorious Mystery – The Assumption of the Blessed Virgin Mary**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

#### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of thy mercy.

### **The 5<sup>th</sup> Glorious Mystery – The Coronation of Mary in Heaven**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

#### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of thy mercy.

#### **Hail Holy Queen**

Hail Holy Queen, Mother of Mercy. Hail our life, our sweetness, and our hope! To Thee do we cry, poor banished children of Eve. To Thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

#### **Closing Prayer**

O God whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal salvation. Grant we beseech You, that meditating upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise through the same Christ our Lord, Amen.

#### **The Sign of the Cross**

In the name of the Father, and of the son, and of the Holy Spirit, Amen.

# **THE LUMINOUS MYSTERIES (THURSDAY)**

## **The Sign of the Cross**

In the name of the Father, and of the son, and of the Holy Spirit, Amen.

## **The Apostles' Creed**

I believe in God, the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## **Our Father**

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

## **Hail Mary (3 times)**

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

## **Glory be**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## **The 1<sup>st</sup> Luminous Mystery – The Baptism of Jesus**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

## **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of thy mercy.

## **The 2<sup>nd</sup> Luminous Mystery – The Wedding at Cana**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

## **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of thy mercy.

**The 3<sup>rd</sup> Luminous Mystery – The Proclamation of the Kingdom of God and call to conversion**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

**Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of thy mercy.

**The 4<sup>th</sup> Luminous Mystery – The Transfiguration**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

**Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of thy mercy.

**The 5<sup>th</sup> Luminous Mystery – The Institution of the Eucharist**

**1. Our Father**

**2. Hail Mary (10 times)**

**3. Glory be**

**Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, and bring all souls to heaven, especially those in most need of thy mercy.

**Hail Holy Queen**

Hail Holy Queen, Mother of Mercy. Hail our life, our sweetness, and our hope! To Thee do we cry, poor banished children of Eve. To Thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

**Closing Prayer**

O God whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal salvation. Grant we beseech You, that meditating upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise through the same Christ our Lord, Amen.

**The Sign of the Cross**

In the name of the Father, and of the son, and of the Holy Spirit, Amen.



## 诵念玫瑰经

1. 画十字圣号
2. 念一遍信经
3. 念一遍天主经
4. 念三遍圣母经
5. 念一遍圣三光荣经
6. 念第一端玫瑰经的奥迹及念一遍天主经
7. 念十遍圣母经并默想该端玫瑰经的奥迹
8. 念一遍圣三光荣经
9. 念一遍花地玛圣母祷词
10. 念第二端玫瑰经的奥迹及念一遍天主经
11. 念十遍圣母经并默想该端玫瑰经的奥迹
12. 念一遍圣三光荣经
13. 念一遍花地玛圣母祷词
14. 念第三端玫瑰经的奥迹及念一遍天主经
15. 念十遍圣母经并默想该端玫瑰经的奥迹
16. 念一遍圣三光荣经
17. 念一遍花地玛圣母祷词
18. 念第四端玫瑰经的奥迹及念一遍天主经
19. 念十遍圣母经并默想该端玫瑰经的奥迹
20. 念一遍圣三光荣经
21. 念一遍花地玛圣母祷词
22. 念第五端玫瑰经的奥迹及念一遍天主经
23. 念十遍圣母经并默想该端玫瑰经的奥迹
24. 念一遍圣三光荣经
25. 念一遍花地玛圣母祷词
26. 念一遍又圣母经
27. 画十字圣号

### 欢喜奥迹（于星期一及六诵念）

欢喜一端： 天使向圣母玛利亚报喜

欢喜二端： 圣母拜访圣妇依撒伯尔

欢喜三端： 耶稣诞生

欢喜四端： 圣母献耶稣于圣殿

欢喜五端： 耶稣十二龄讲道

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### 光明奥迹（于星期四诵念）

光明一端： 耶稣在约旦河受洗

光明二端： 耶稣参加加纳婚宴

光明三端： 耶稣宣讲天国福音

光明四端： 耶稣在大博尔山显容

光明五端： 耶稣建立圣体圣事

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### 痛苦奥迹（于星期二及五诵念）

痛苦一端： 耶稣山园祈祷

痛苦二端： 耶稣受鞭打苦刑

痛苦三端： 耶稣受茨冠的苦辱

痛苦四端： 耶稣背十字架上山

痛苦五端： 耶稣被钉死在十字架上

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## 荣福奥迹（于星期三及主日诵念）

荣福一端：耶稣复活

荣福二端：耶稣升天

荣福三端：圣神降临

荣福四端：圣母蒙召升天

荣福五端：天主光荣圣母

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## 经文

### 圣号经

因父、及子、及圣神之名。阿们。

### 信经

我信全能的天主父，天地万物的创造者。

我信父的唯一子，我们的主耶稣基督。

祂因圣神降孕，由童贞玛利亚诞生。

祂在比拉多执政时蒙难，被钉在十字架上，死而安葬。

祂下降阴府，第三日自死者中复活。祂升了天，坐在全能天主父的右边。

祂要从天降来，审判生者死者。

我信圣神。我信圣而公教会，诸圣的相通。

我信罪过的赦免。我信肉身的复活。我信永恒的生命。阿们。

### 天主经

我们的天父，愿祢的名受显扬，愿祢的国来临，

愿祢的旨意奉行在人间，如同在天上。

求祢今天赏给我们日用的食粮，求祢宽恕我们的罪过，

如同我们宽恕别人一样；不要让我们陷于诱惑，但救我们免于凶恶。阿们。

### 圣母经（X3）

万福玛利亚，妳充满圣宠，主与妳同在；

妳在妇女中受赞颂，妳的亲子耶稣同受赞颂。

天主圣母玛利亚，求妳现在和我们临终时，为我们罪人祈求天主。阿们。

### 圣三光荣经

愿光荣归于父、及子、及圣神；起初如何，今日亦然，直到永远。阿们。

### 花蒂玛圣母祷词

吾主耶稣，请宽恕我们的罪过，救我们免于地狱永火，  
求祢把众人的灵魂，特别是那些需要祢怜悯的灵魂，领到天国里去。

### 又圣母经

万福母后！仁慈的母亲，我们的生命，我们的甘饴，我们的希望。  
厄娃子孙，在此尘世，向你哀呼。在这涕泣之谷，向你叹息哭求。  
我们的主保，求你回顾，怜视我们，  
一旦流亡期满，使我们得见你的圣子，万民称颂的耶稣。  
童贞玛利亚，你是宽仁的、慈悲的、甘饴的。  
天主圣母，请为我们祈求，使我们堪受基督的恩许。  
阿们。