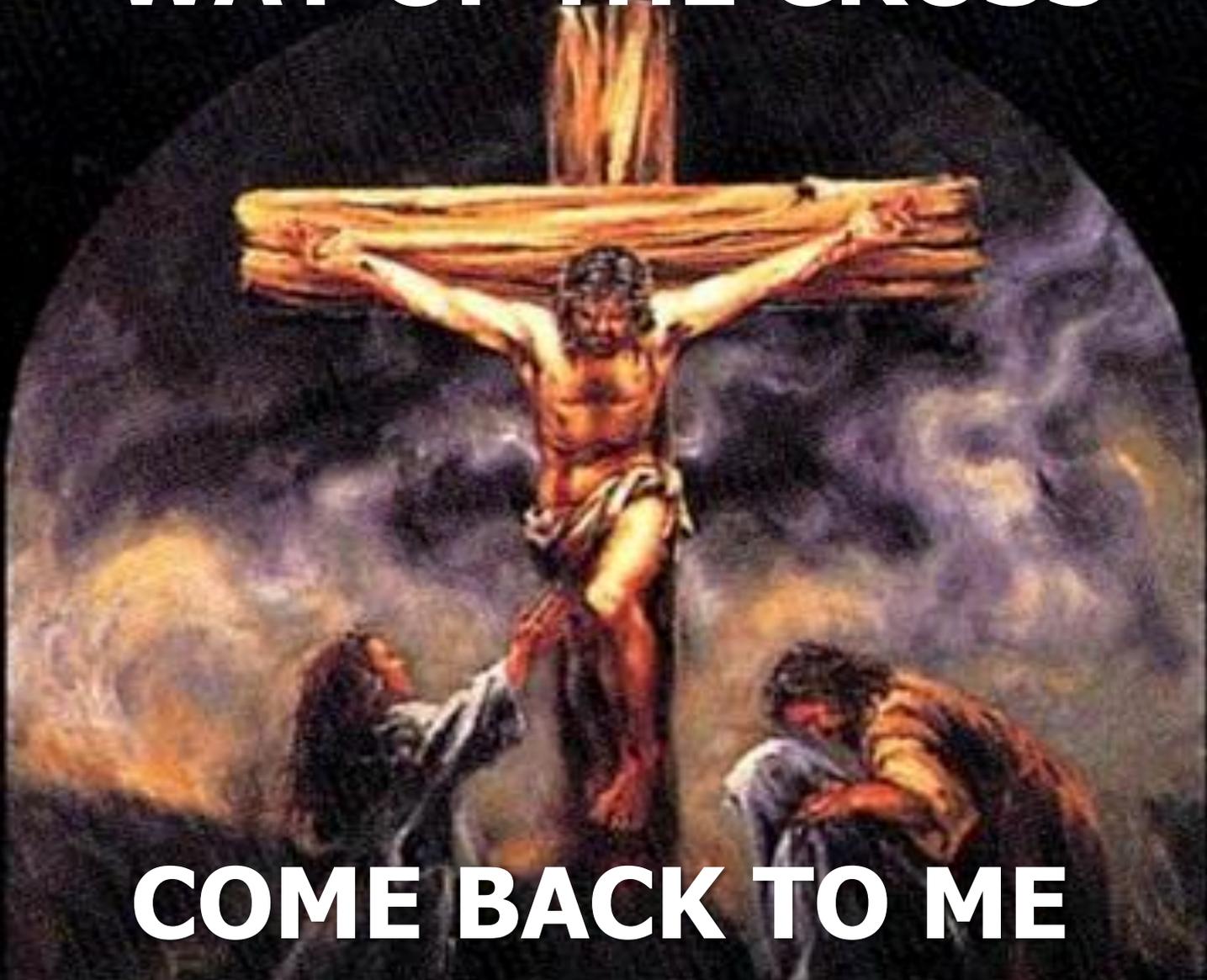


WAY OF THE CROSS



**COME BACK TO ME
WITH ALL YOUR HEART**

Notice

For those who are not fit enough to kneel / stand throughout the Way of the Cross, you may choose to sit.

Please Stand

Introduction (LEADER)

The Way of the Cross is our journey as individuals and as a community, to become a People of God. This is the only way for us to follow more intimately the life of Jesus.

Introduction (LEADER)

Jesus' journey began with His commitment to say "Yes" to His Father – "Did you not know that I must be busy with my Father's affairs?"; and ends with His surrendering His Life – "Father, into Your hands, I commend my spirit." (*Luke 23:46*)

Introduction (LEADER)

During this Season of Lent, we want to walk on His last journey to Calvary, to recall His Life and to examine our lives, so that we too will be able to continue living the life of Jesus in the world today.

Leader: In the name of the
Father, and of the Son,
and of the Holy Spirit.

All: Amen.

All

O God, You willed Your Son to undergo for us the humiliation of the Cross to deliver us from the power of evil. We pray You, fill our hearts with love for Christ and sorrow for sin,

All

**and grant that we may gain the
grace of His Resurrection.**

**Through the same Christ Our
Lord and Saviour.**

Amen.

Opening Hymn : HOSEA

**Come back to me with all your
heart**

**Don't let fear keep us apart
Trees do bend, though straight
and tall**



So must we to others' call...

REFRAIN

**Long have I waited for your
coming home to me
And living deeply our new life.**

FIRST STATION

Jesus is condemned to death



LEADER

“He was insulted and did not retaliate with insults; when he suffered he made no threats. Instead he entrusted himself to Him who judges justly... Through his wounds we have been healed.”

(1 Peter 2:23-24)



Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

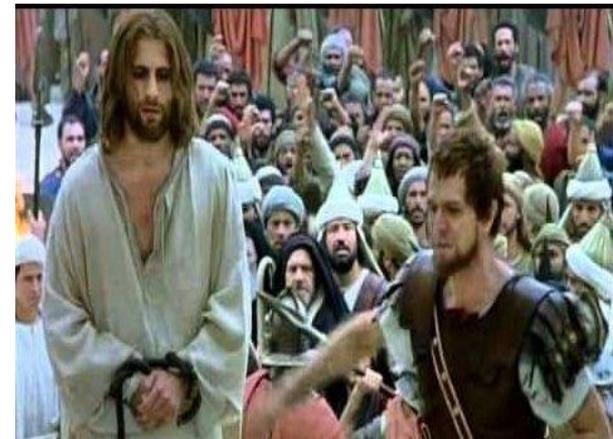
All

**Because by Your Holy Cross,
You have brought new life to
the world.**



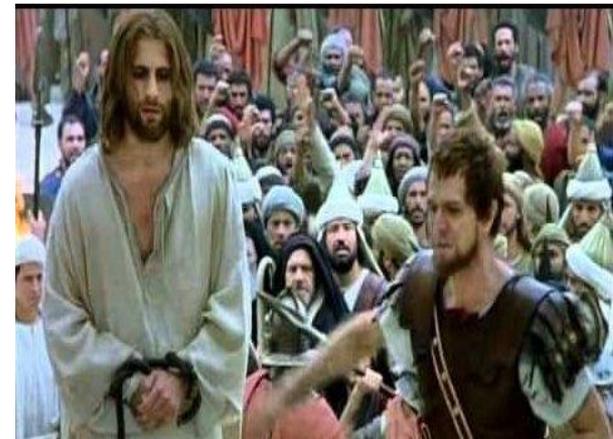
LEADER

Pilate's hands were washed clean, but the stain of sin remained. All denied responsibility for putting an end to the life of the Son of Man. He was sent to bring New Life but this threatened the powerful.



LEADER

He preached salvation to the weak and powerless and was willing to die-to self and for others. But the power of Jesus was in his Prayer of fidelity to His Father: “Not My will but Thine be done.”

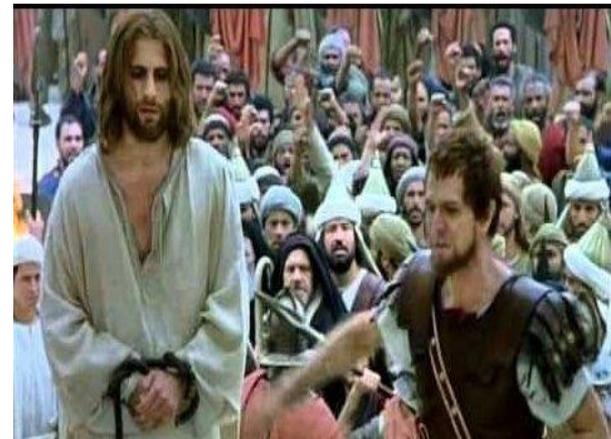


Pause and reflect



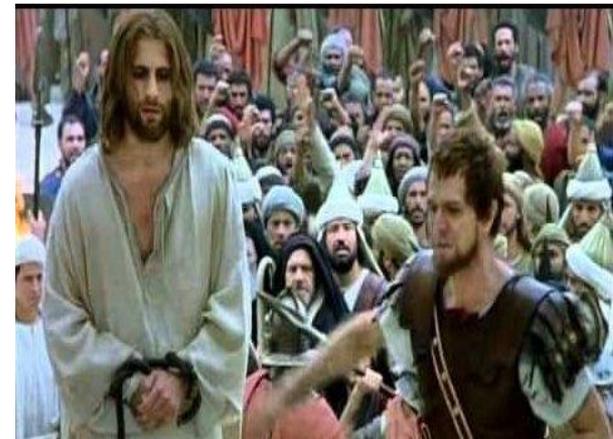
All

Jesus, O Lord, through your death you brought new life in obedience to your Father. I need to be moulded by your Word, so that I may grow in your “image and likeness”.



All

Let me follow your ways in and through each member of my family and my community to the Kingdom of Your Father.



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

At the cross her station keeping

**Stood the mournful mother
weeping**



Close to Jesus to the last.

SECOND STATION

Jesus accepts His Cross



LEADER

“His state was divine, yet he did not cling to his equality with God, but made himself nothing, taking the very nature of a slave, and became as men are.”

(Phil. 2:6-7)



Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

All

**Because by Your Holy Cross,
You have brought new life to
the world.**



LEADER

This cross, the symbol of humiliation is also the way to new life and resurrection. The way to salvation chosen by His Father was to walk the path of humanity.



LEADER

“Do you not know that I must be about my Father’s business” made Jesus decide not to be a slave of this world but the servant of the Kingdom.



Pause and reflect



All

Lord Jesus, let me freely and wholeheartedly accept my daily cross – my life, my realities. Let me welcome the little things that mark my day – my disappointments, tensions,



All

**setbacks and preoccupations.
Help me deny myself, take up
my cross and follow you.**



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

**Through her heart, his sorrow
sharing**

All his bitter anguish bearing

**Now at length the sword has
passed.**

THIRD STATION

Jesus falls the first time



LEADER

“But Jesus said to them (James and John), ‘Have you the strength to drink of the cup I am to drink of, to be baptised with the baptism I am to be baptised with?’ They said to him, ‘We have.’ ”

(Mark 10: 38-39)



Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

All

**Because by Your Holy Cross,
You have brought new life to
the world.**



LEADER

The Lord who made and rules the universe, falls under the weight of the cross but rises again. You stood amidst the people to preach the peace, joy and justice of your Father, and fell on your knees to be in prayerful union.



LEADER

You were ready to renew your baptism and your faithfulness to the Will of Your Father, even till this moment when you have to rise again on your way to Calvary.



Pause and reflect



All

Lord Jesus, help me to recognise my brokenness and to see the need to seek reconciliation with my brothers and sisters each time I fall.



All

**Help me accept my weakness
and limitations and have the
humility to bear with the
weaknesses of the members of
my family and my Church.**



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

**Oh, how sad and sore
distressed**

**Was that mother  highly blest
Of the Sole-begotten One!**

FOURTH STATION

Jesus meets His Mother



LEADER

“Love is as strong as death.”

(The Song of Songs 8:6)



Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

All

**Because by Your Holy Cross,
You have brought new life to
the world.**



LEADER

**Your Mother sees you whipped,
kicked and driven like a beast.
She counts your wounds.
Though her soul cries out in
agony, no protest or complaint
escapes her lips, or even enters
her thoughts.**



LEADER

**She shares your martyrdom
and you share her pain.**



LEADER

**This is the meaning of love.
Your mother who asked the
question, "My child, why have
you done this to us?" knows
now that true love is painful.**



Pause and reflect



All

Lord, I pray that you will give me the strength each day to listen more closely to all the members of my family and to help become a channel of your peace and reconciliation.



All

**Teach me to reach out with a
compassionate heart. May my
family also reach out in love to
other families.**



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

**Christ above in torment hangs
She beneath beholds the pangs
Of her dying glorious Son.**

FIFTH STATION

Simon helps Jesus to carry the
Cross



LEADER

“Carry each other’s burden, and in this way you will fulfill the law of Christ.”

(Galatians 6:2)



Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

All

**Because by Your Holy Cross,
You have brought new life to
the world.**



LEADER

Your strength was gone and you could no longer bear the cross alone. You, who even on the Sabbath, was moved by your compassion to remove the “yoke of suffering” from the people you ministered to was made to walk alone.



LEADER

The people who see you on the way to Calvary just watch you go by since they don't have the courage to give a helping hand, instead Simon was asked to help you.



Pause and reflect



All

**Open my eyes O Lord, and
renew me O Lord. Allow me to
listen to Your cries of anguish
of the voiceless and the weak.
Help me reach out in love to
those in pain,**



All

those who are suffering and to lift the burdens from their backs. Help me carry Your cross to Calvary by dying to my selfishness and pride.



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

**Is there one who would not
weep**

Whelm'd in miseries so deep

Christ's dear mother to behold?

SIXTH STATION

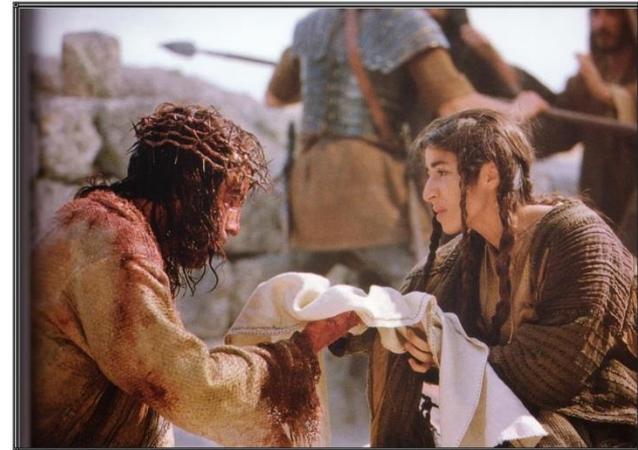
Veronica wipes the face of Jesus



LEADER

**“Your face, Lord, I seek. Do not
hide your face from me.”**

(Psalm 27:8-9)



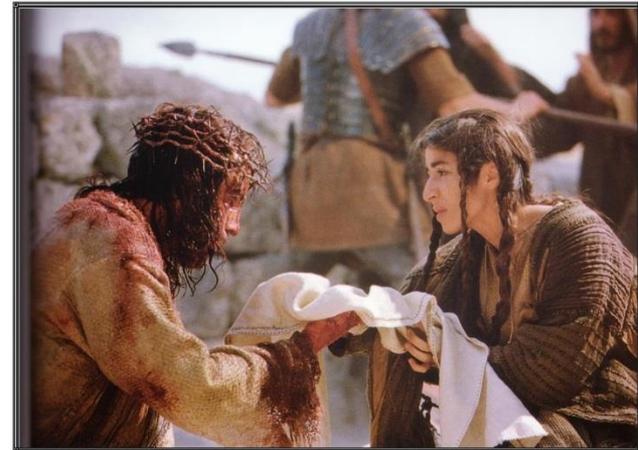
Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

All

**Because by Your Holy Cross,
You have brought new life to
the world.**



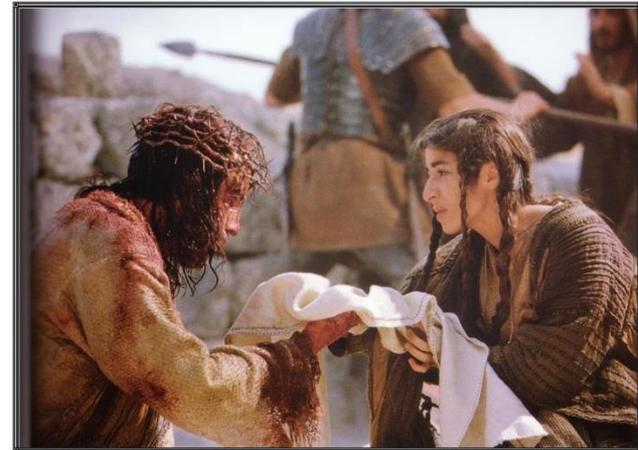
LEADER

A woman comes forward bravely to wipe the sweat and blood from Your face. The women to whom You ministered and brought a new liberating power to them must have truly experienced your love, kindness and gentleness.



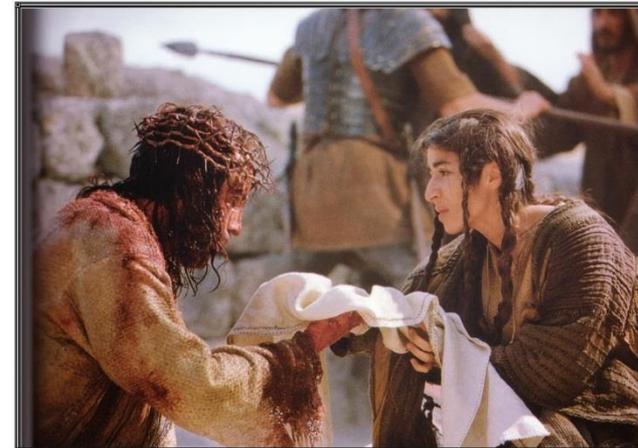
LEADER

You had through your being “witness” and “word” made known the Kingdom of the Father. You walked in communion with women, called also to live with dignity and in self respect.



LEADER

Your mother, the model woman spoke through her life and her witness of truly being your co-worker.

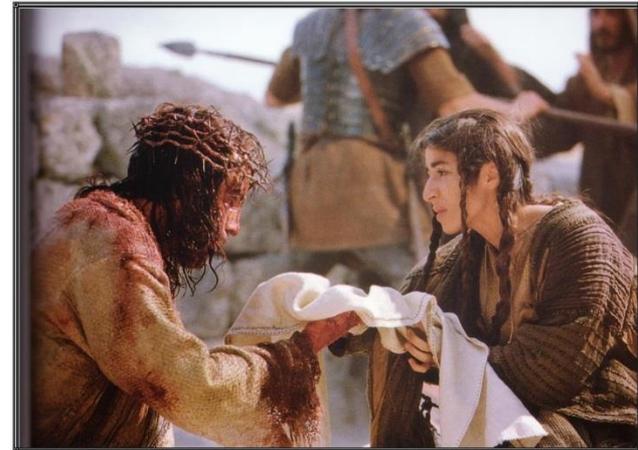


Pause and reflect



All

**Give me the wisdom to
recognise the manifold talents
present within my family and
Church especially among
women and to nurture a
greater mutual respect.**



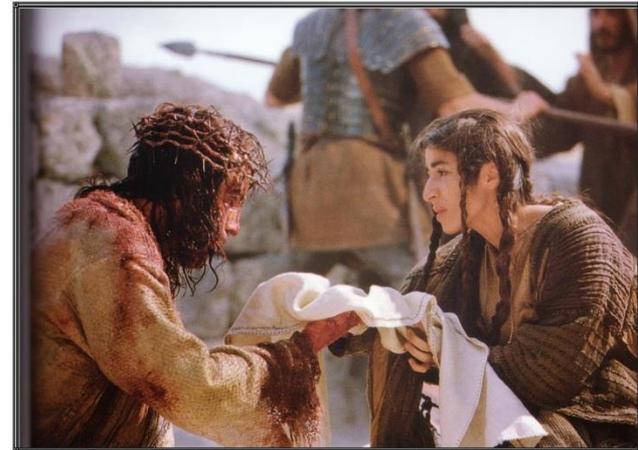
All

Let me be conscious of injustices and hurts and seek to bring healing and reconciliation.



All

**Give me the strength to speak
with courage and compassion
following the example of the
women who stood by you on
your way to the Cross.**



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

**Can the human heart refrain
From partaking in her pain
In that mother's pain untold?**



SEVENTH STATION

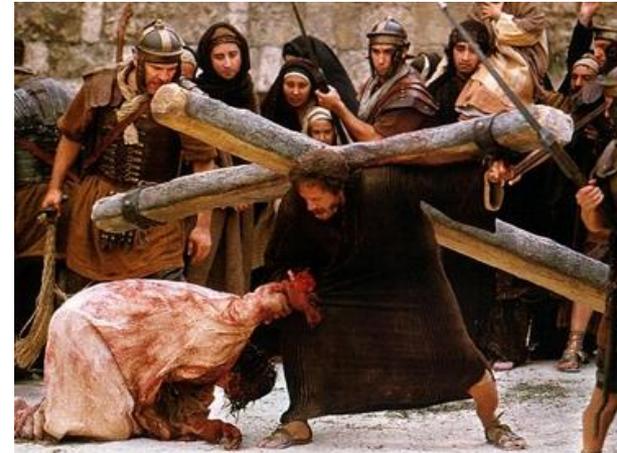
Jesus falls the second time



LEADER

**“My palate is drier than a
potsherd and my tongue is
stuck to my jaw. I am lying in
the dust of death.”**

(Psalm 22:16)



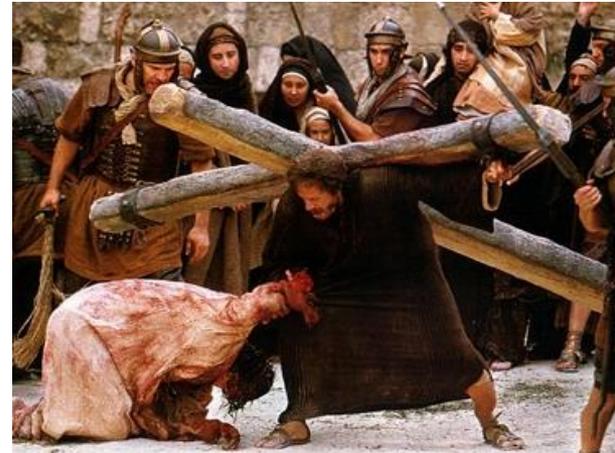
Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

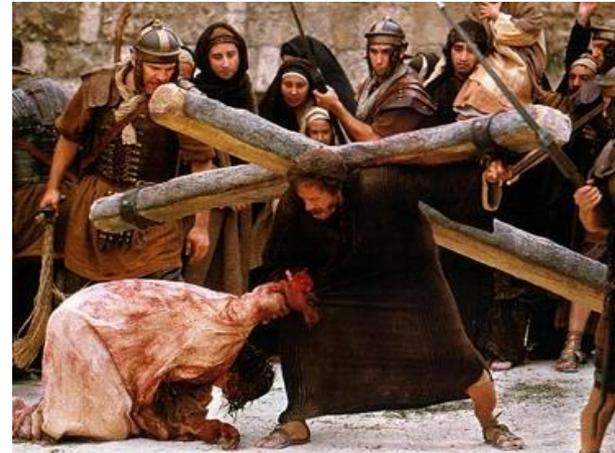
All

**Because by Your Holy Cross,
You have brought new life to
the world.**



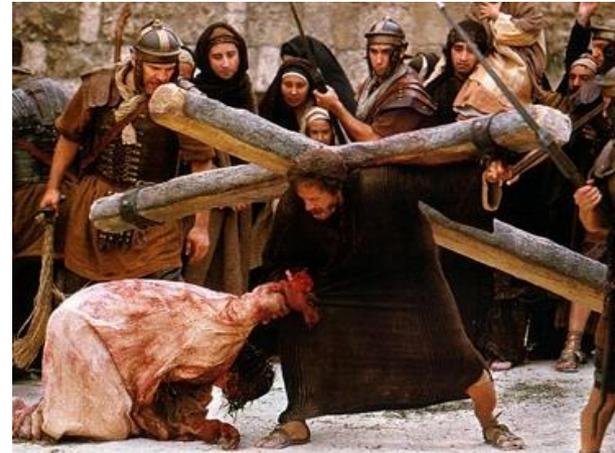
LEADER

This seventh step was a test of Your courage, to persevere in doing good. You knew that you had to go on till the last ounce of strength. Your teaching to forgive “seventy times seven times” meant “Love is an Always-Come-Back.”



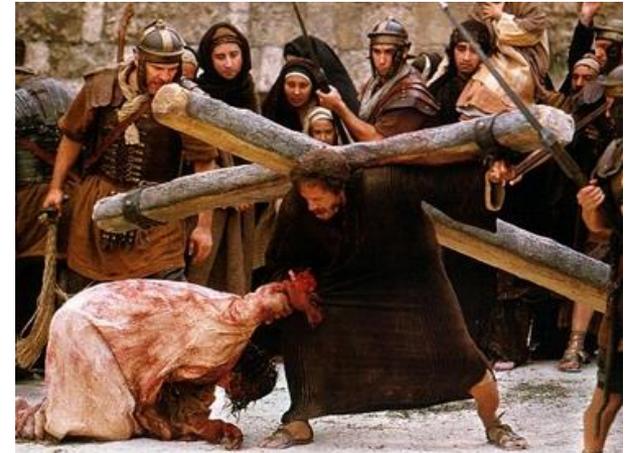
LEADER

To rise again in spite of failure, to come back with hope, to continue loving although hurt and disappointed. You never failed to reach out with kindness and justice to the sick,

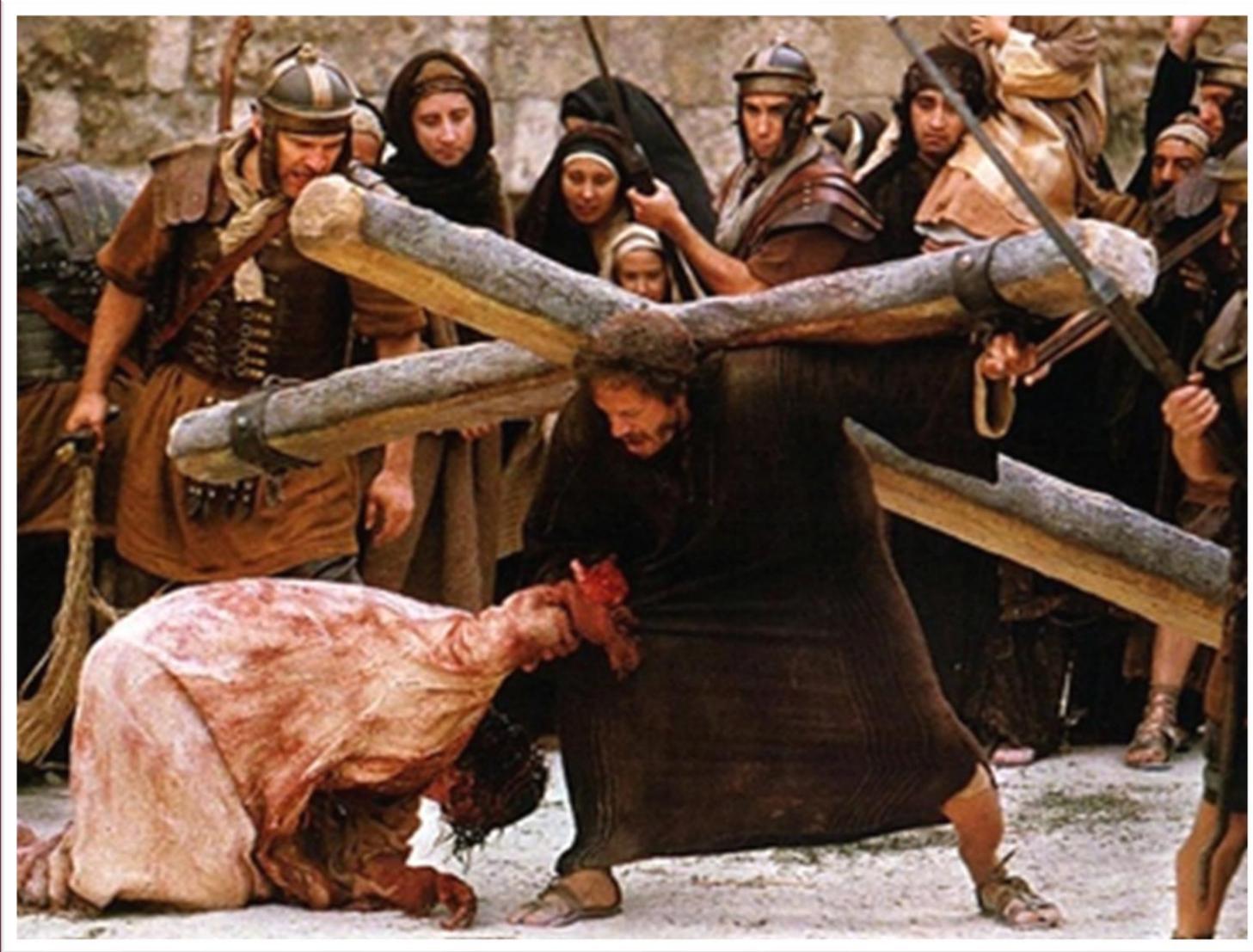


LEADER

**the abandoned and
marginalised irrespective of
race, creed and religion.**

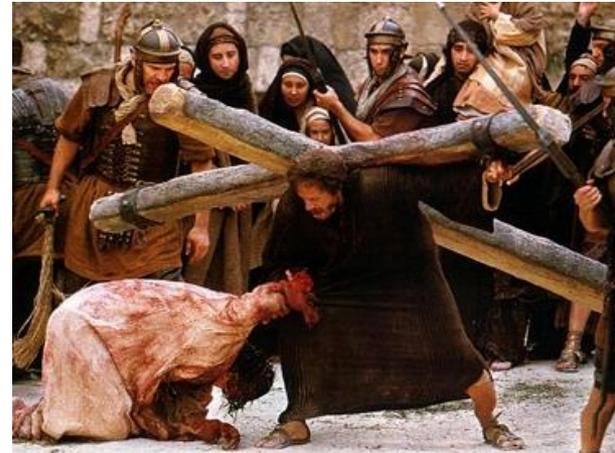


Pause and reflect



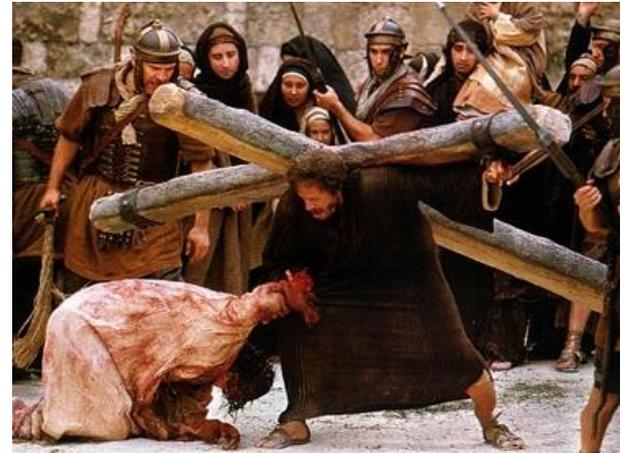
All

Lord, to be a Christian today is to follow you and to participate in all that brings new life. It is the burden that I desire and my unwillingness to resort to your strength, from my innermost being that holds me down.



All

**Let me be strengthened by
Your selflessness so that I can
become the sign of your
presence and purpose in the
world today. Help me to
continue walking humbly,
loving tenderly and
acting justly in your
footsteps.**



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

**Bruised, derided, cursed,
defiled**

She beheld her tender Child

All with bloody scourges rent.

EIGHTH STATION

Jesus consoles the women of Jerusalem who weep for Him



LEADER

“Daughters of Jerusalem, weep not for me but for yourselves and for your children.”

(Lk. 23:28)



Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

All

**Because by Your Holy Cross,
You have brought new life to
the world.**



LEADER

You know that this way of the cross is for you the way to the resurrection. You tried to gather the children and offered them as models of service and humility.



LEADER

Indeed your heart weeps especially for them and the women and dread the times when more pain and suffering await them because of the unwillingness of sinful humanity to return to your love.



Pause and reflect



All

Lord, may I become the leaven of communion for all those among whom I live. Let me become your hands to wipe every tear dry and also to experience your joy and peace that you promised.



All

**Let me learn to be humble,
poor in spirit and simple in my
lifestyle through the love you
have shown me. Give me the
courage to be prepared to fall
in the eyes of the world and not
to cling to power, privilege or
prestige.**



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

**For the sins of His own nation
Saw Him hang in desolation
Till His Spirit forth He sent.**

NINTH STATION

Jesus falls the third time



LEADER

“In my own body I make up what is still to be undergone by Christ for the sake of his body, which is the Church.”

(Colossians 1:24)



Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

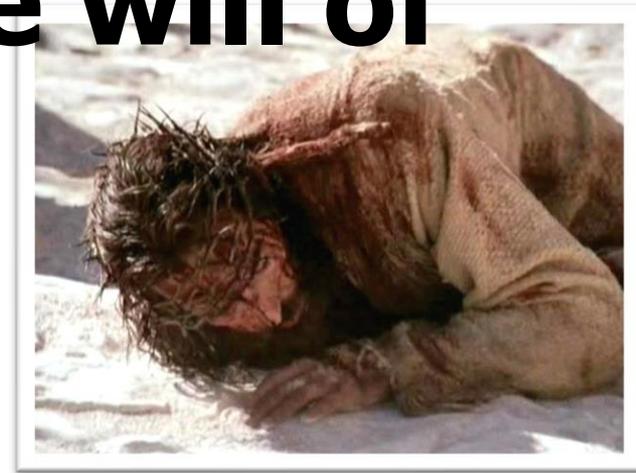
All

**Because by Your Holy Cross,
You have brought new life to
the world.**



LEADER

Completely drained of strength you lie collapsed, on the ground. Your body may be broken but no force on earth, no actions of man can prevent you from fulfilling the will of your father.



LEADER

You denied the devil and its powers and lived in total self-giving during the temptation in the desert. You transformed the shame of the cross to become the sign of our Salvation.



Pause and reflect



All

**Lord, lead me to an openness
beyond myself. To be your
presence wherever I am, in my
family, my work place, my
neighbourhood and with my
friends.**



All

**Let me reflect your light
wherever I am so that all
people will recognise that you
are our Lord and Saviour.**



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

O thou mother fount of love!

Touch my spirit from above

**Make my heart with thine
accord.**

TENTH STATION

Jesus is stripped of his garments



LEADER

**“There they are staring at me,
gloating: they divide my
garments among them and cast
lots for my clothing.”**

(Psalm 22: 17-18)



Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

All

**Because by Your Holy Cross,
You have brought new life to
the world.**



LEADER

You came poor into this world and leave it without anything to call your own. You told us not to be too concerned about our food, clothes and life and you proved this is possible only in a total gift of self in love.



LEADER

Your very last earthly possessions are being shared and divided. Those who are not around are not satisfied with the suffering and pain imposed on you but continue to divide your very last possessions.



Pause and reflect



All

Dear Lord Jesus, I cannot remain silent when the possessions that you have given to the whole of humanity are kept for the few and in the process hurt our sisters and brothers.



All

**Help me keep you in view and
not allow possessions to stifle
and separate me from others.**



All

Help me and the members of my family live a simple lifestyle so that we can become stewards of your gifts meant for all the people of the world. Lord, You alone are my light.



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

**Make me feel as thou hast felt
Make my soul to grow and melt
With the love of Christ our
Lord.**

ELEVENTH STATION

Jesus is nailed to the Cross



LEADER

**“Today you will be with me in
Paradise.”**

(Luke 23:43)



Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

All

**Because by Your Holy Cross,
You have brought new life to
the world.**



LEADER

The executioners stretch your hand and wrist against the wood and press the nails until it pierces your flesh. You who never used harsh words on others



LEADER

or do no harm are subject to such an inhuman way. You did not deserve it but bore it with patience and calm.



Pause and reflect



All

Lord, give me the courage and hope to see your crucified image in other people despite the injustices and wrongs society continue to do.



All

May I have the trust and simplicity of the thief with whom you were crucified, and who placed his trust in you and then be ready for your kingdom.



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

**Holy mother! Pierce me
through**

In my heart each  wound renew

Of my Saviour crucified.

TWELFTH STATION

Jesus is raised upon the Cross, and dies



LEADER

**“Father into your hands I
commend my spirit.”**

(Luke 23:46)



Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

All

**Because by Your Holy Cross,
You have brought new life to
the world.**



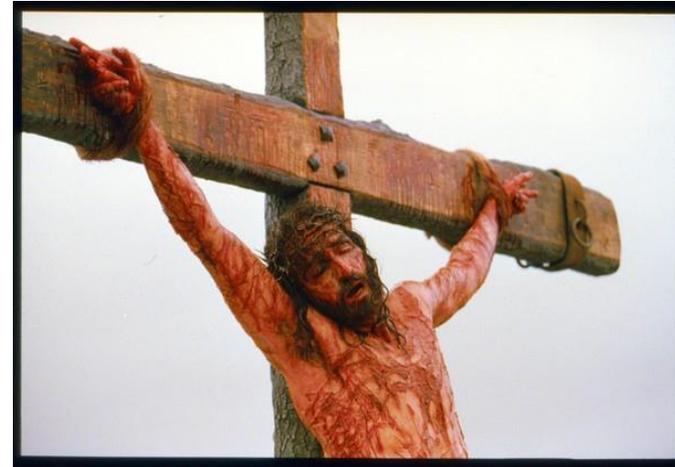
LEADER

To the end of your life you continue to pray to your Father by asking forgiveness for all your wrong doers and hand your mother over to be cared for.



LEADER

In spite of all the pain and humiliation you are still capable of continuing your obedience and submission to your Father's will. You give your life completely to the Father.



Pause and reflect



All

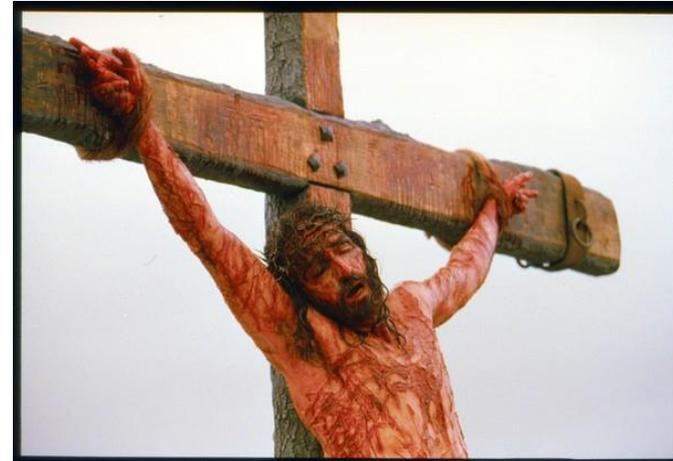
**“Father into your hands I
commend my spirit” was your
prayer. Lord, let my prayer
each day be “Lord, Your
Kingdom come, Your will be
done”. Let me each day recall
the need to be in
communion with
You**



All

through your Words of Life.

**Through this will I become your
true disciple and your
instrument of evangelization.**



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

**Let me share with thee his pain
Who for all my sins was slain
Who for me in torments died.**

THIRTEENTH STATION

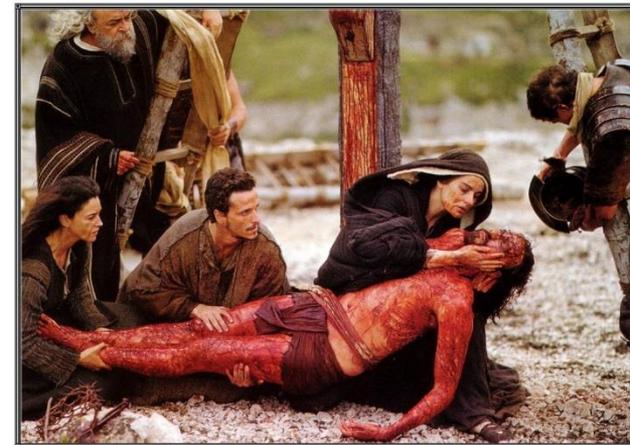
Jesus is taken down from the Cross



LEADER

“I am the Lord’s servant, let it be done as you have said.”

(Luke 1:38)



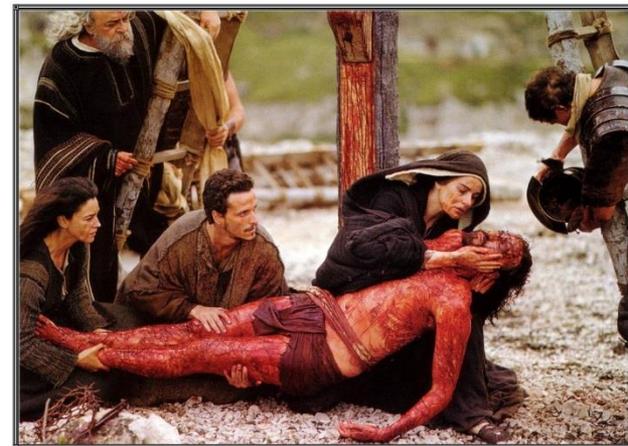
Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

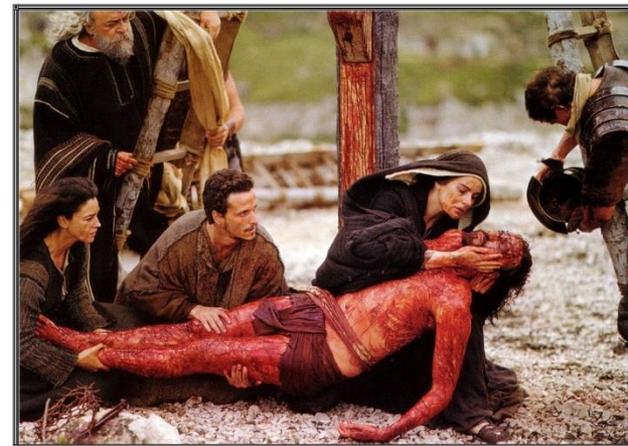
All

**Because by Your Holy Cross,
You have brought new life to
the world.**



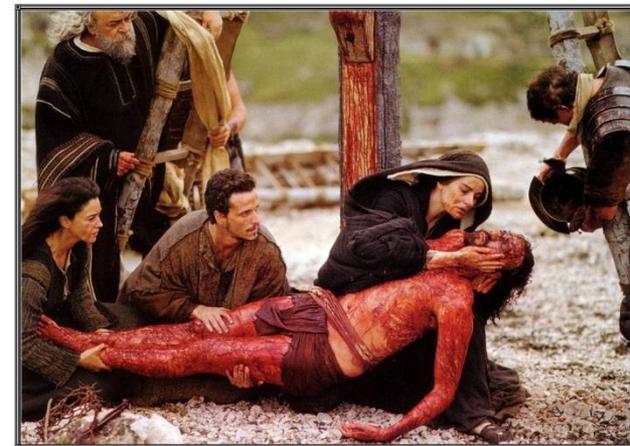
LEADER

Your sacrifice on the Cross is complete. Your mother still must cradle in her arms Your body. You too must part from those you love, and grief will come to you. Your death has brought new life only through sorrow and pain.



LEADER

As you walked through life with people, you showed us how to be together especially in moments of sorrow.

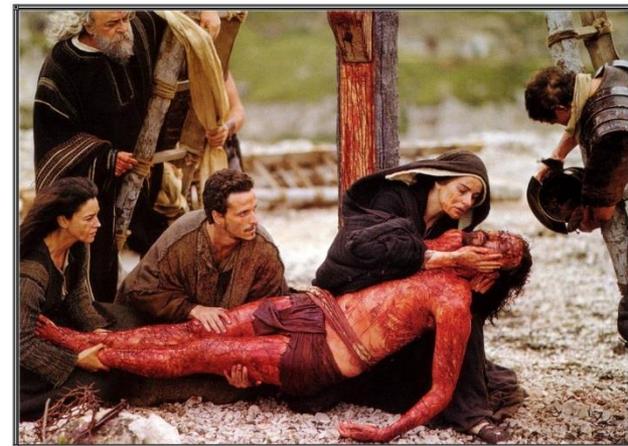


Pause and reflect



All

Lord, give me the courage and hope and teach me the cost of being Your follower. To walk with sorrow and to continue to love and care so that I can continue your mission of saving and freeing from this sin and darkness.



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

Let me mingle tears with thee

**Mourning Him who mourned
for me**



All the days that I may live.

FOURTEENTH STATION

Jesus is laid in the tomb



LEADER

“If we become united with Christ through a death like His, we will certainly be united with Him in His resurrection.”

(Roman 6:5)



Please kneel

Leader

**We adore You, O Christ, and we
praise You.**

All

**Because by Your Holy Cross,
You have brought new life to
the world.**



LEADER

**As your mortal life ends
another life begins for Mary
and for Magdalene, for Peter
and for John, and for you. Your
work as man has been
completed and you entrusted
to the Church the task
of being at the
service of life.**



LEADER

You told us that “Greater love has no man than this, that one lays down his life for his friends”.



Pause and reflect



All

Lord Jesus being nurtured by your Word and the Eucharist, allow me to reach out to those in need. Let the Bread that I break together with others be the means to break from my selfishness and become the Bread of Life in the world.



Please Stand

Hymn

AT THE CROSS HER STATION KEEPING

By the cross with thee to stay

**There with thee to weep and
pray**

Is all I ask of thee to give.

All

Closing Prayer

Have mercy on us O Lord, in your kindness, through your compassion, you have removed all our sins through the suffering of Jesus. You have washed us clean from our guilt and enabled us to love truth in our hearts.

All

With joy and gladness we cry out to you, Lord and ask you to open our hearts, to sing your praises and announce your goodness and truth before all the nations by serving one another. We ask this through Christ our Lord. Amen.

Leader:

**Let us pray for the Holy
Father's intentions.**

All:

Our Father (X1)

Hail Mary (X1)

Glory be (X1)

Closing Hymn : HOSEA

**The wilderness will lead you
To your heart where I will
speak**

Integrity and justice

With tenderness you shall know

REFRAIN

**Long have I waited for your
coming home to me**

And living deeply our new life.

Leader: In the name of the
Father, and of the Son,
and of the Holy Spirit.

All: Amen.

