

NOVENA DEVOTION TO OUR LADY OF PERPETUAL HELP
(MARCH 23RD TO 31ST, 2020)

United in prayer through the intercession of Our Lady of Perpetual Help

Sign of the Cross

1. OPENING HYMN (*CAN SKIP IF PRAYING ALONE*)

ALMA REDEMPTORIS MATER

Mother of Christ, hear thou thy people's cry
Star of the deep and portal of the sky!
Mother of him who thee made from nothing made
Sinking we strive and call to thee for aid:
Oh, by what joy which Gabriel brought to thee,
Thou Virgin first and last, let us thy mercy see

2. THE ANGELUS

V. The Angel of the Lord declared unto Mary,
R. And she conceived of the Holy Spirit.
Hail Mary, full of grace...

V. Behold the handmaid of the Lord,
R. Be it done unto me according to thy word.
Hail Mary, full of grace....

V. And the Word was made Flesh,
R. And dwelt among us.
Hail Mary, full of grace

V. Pray for us, O Holy Mother of God,
R. That we may be made worthy of the promises of Christ.

Let us pray

Pour forth, we beseech you, O Lord, Your grace into our hearts, that we, to whom the incarnation of Christ, Your Son, was made known by the message of an angel, may by his passion and cross be brought to the glory of His resurrection. Through the same Christ our Lord. Amen

3. HOLY ROSARY

The Five Joyful Mysteries (Mondays & Saturdays)

The Annunciation
The Visitation
The Nativity of Jesus
The Presentation of Jesus
The Finding of the child Jesus in the Temple

The Five Sorrowful Mysteries (Tuesdays & Fridays)

The Agony in the Garden
The Scourging at the Pillar
The Crowning with Thorns
The Carrying of the Cross
The Crucifixion and Death of our Lord Jesus Christ

The Five Glorious Mysteries (Wednesdays & Sundays)

The Resurrection
The Ascension
The Descent of the Holy Spirit upon Our Lady and the Apostles
The Assumption of Mary into Heaven
The Coronation of Mary as Queen of Heaven and the Glory of all the Saints

The Five Luminous Mysteries (Thursdays)

The Baptism of Jesus
The Wedding Feast at Cana
The Proclamation of the Kingdom
The Transfiguration
The Institution of the Holy Eucharist

You may include the following intention for each decade (optional):

1st Decade: For the protection of the first responders, doctors, and nurses who care for those made critically ill by coronavirus. For wisdom and guidance on those scientists and researchers seeking vaccines and rapid testing platforms. Our Lady, Help of Christians, intercede for us!

2nd Decade: For a full and speedy recovery for those suffering from the coronavirus. For protection of their family members and all those who are at risk of getting or transmitting the virus. Our Lady, Help of Christians, intercede for us!

3rd Decade: For God's abundant mercy on the souls of those who have died from coronavirus. For strength and consolation for their grieving families. Our Lady, Help of Christians, intercede for us!

4th Decade: For protection on those who are most vulnerable to coronavirus: the elderly, those with compromised immune systems, those who have been travelling abroad, those who are in quarantine. Our Lady, Help of Christians, intercede for us!

5th Decade: For an expedient halt to the spread of the virus. For churches and schools to be reopened, and for people to be able to return to their normal daily activities with a deepened faith and love for God. Our Lady, Help of Christians, intercede for us!

4. LITANY OF THE BLESSED VIRGIN MARY

Lord have mercy on us, *Lord have mercy on us*
Christ have mercy on us, *Christ have mercy on us*
Lord have mercy on us, *Lord have mercy on us*

Christ, hear us.
Christ, graciously hear us

God the Father of Heaven, *have mercy on us*
God the Son, Redeemer of the world, *have mercy on us*
God the Holy Spirit, *have mercy on us*
Holy Trinity, one God, *have mercy on us*

In the following petitions, respond **Pray for us**

Holy Mary, *pray for us*
Holy Mother of God, *pray for us*
Holy Virgin of Virgins, *pray for us*

Mother of Christ, ***pray for us***
Mother of the Church
Mother of the divine grace
Mother most pure
Mother most chaste
Mother inviolate
Mother undefiled
Mother most lovable
Mother most admirable

In the following petitions, respond **Pray for us**

Mother of good counsel, *pray for us*

Mother of our Creator

Mother of our Saviour

Virgin most prudent, *pray for us*

Virgin most venerable,

Virgin most renowned,

Virgin most powerful,

Virgin most merciful,

Virgin most faithful,

Mirror of justice, *pray for us*

Seat of wisdom

Cause of our joy,

Spiritual vessel

Vessel of honour

Singular vessel of devotion

Mystical rose,

Tower of David

Tower of Ivory

House of Gold, pray for us

Ark of the covenant

Gate of Heaven

Morning Star

Health of the sick

Refuge of sinners

Comforter of the afflicted

Help of Christians

Queen of Angels, *pray for us*

Queen of Patriarchs

Queen of Prophets

Queen of Apostles

Queen of Martyrs

Queen of Confessors

Queen of Virgins

Queen of all Saints

Queen conceived without original sin

Queen assumed into Heaven

Queen of the most holy Rosary

Queen of the family

Queen of peace

Lamb of God, you take away the sins of the world, *spare us, O Lord*
Lamb of God, you take away the sins of the world, *graciously hear us, O Lord*
Lamb of God, you take away the sins of the world, *have mercy on us*

Pray for us, most holy Mother of God,
That we may be made worthy of the promises of Christ

Let us pray.

Lord God, give to your people the joy of continual health in mind and body. With the prayers of the Virgin Mary to help us, guide us through the sorrows of this life to eternal happiness in the life to come. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen

5. DAILY GOSPEL READING

(refer your daily missal)

6. SHARING OR IF ALONE MEDITATION

Silent Prayer (15 Minutes)

7. THE MAGNIFICAT

My soul glorifies the Lord,
My spirit rejoices in God, my Saviour
He looks on his servant in her lowliness,
henceforth all ages, will call me blessed.
The Almighty works marvel for me.
Holy his name!
His mercy is from age to age, on those who fear him.
He puts forth his arm in strength and scatters the proud hearted.
He casts the mighty from their thrones and raises the lowly.
He fills the starving with good things, sends the rich away empty.
He protects Israel, his servant, remembering his mercy,
the mercy promised to our fathers, to Abraham and his sons for ever.

8. INTENTIONS OF OUR HOLY FATHER, POPE FRANCIS

(Our Father, Hail Mary & Glory Be)

9. CLOSING HYMN (OPTIONAL)

Sign of the cross +